

COMBOS

BUTTERMILK
MARINATED CHICKEN

Available in original or chipotle honey

Each combo includes a medium drink,
french fries or coleslaw, and one sauce

1

3 piece chicken tenders

1160-1380 cal



\$7.39

2

5 piece chicken tenders

1400-1660 cal

\$8.69

3

tenders sandwich*

1350-1520 cal



\$7.39

*Sauce not included

2,000 calories a day is used for general nutrition advice,
but calorie needs vary. Additional nutrition information
available upon request.



Meal Exchanges can be used to
purchase set menu items.

INDIVIDUAL

3 pieces 350-400 cal

\$4.39

5 pieces 590-680 cal

\$5.99

tenders sandwich*

\$4.39

500-540 cal *sauce not included

SIDES \$2.09

french fries

260 cal

coleslaw

90 cal

SAUCES

*\$0.59 charge for extra sauce.

TLC Signature

Buffalo Wing

Barbeque

Buttermilk Ranch

Honey Mustard

Sweet Red Chili